



The Ram Report

Rousseau Elementary School – 3701 South 33rd Street – Lincoln, NE 68506

CALENDAR

DECEMBER

- 18 Chorus Concert 7:00 p.m.
- 19 3rd Grade Field Trip
(Schirmer & Mattson)

24-31 **NO SCHOOL**

JANUARY

- 1-2 **NO SCHOOL**
- 4 Spirit Day
- 8 *Ram Report* Deadline
- 11 End of 2nd Quarter
- 14 **NO SCHOOL**



ROUSSEAU CHORUS CONCERT
TUESDAY, DECEMBER 18, 2007
7:00 P.M.

Outdoor Recess

Please help students in dressing appropriately for the winter weather. Coats, hats, and mittens/gloves will be necessary as teachers plan for outdoor recesses on days when the temperature and/or wind chill are above 0 degrees. To insure dry and comfortable feet for the remainder of the school day, only students with snow boots will be allowed off the playground slab when snow is on the ground. We ask that students not wear their snow boots throughout the school day. A pair of shoes should be sent with students.

From the Principal's Notepad

Happy Holidays!



Dear Rousseau Families,

I pause to reflect during this holiday season on the enormous spirit of giving that I am privileged to witness every day at Rousseau School. From the dedicated and tireless PTA leaders and volunteers who work to support all that we do, to the parents and families who give so generously of time, talents, and treasure. From the professional staff who constantly demonstrate caring and concern for all students, to the children from whom I learn everyday what genuine helping, charity, and character look like. My sincerest gratitude to all who make our Rousseau community a wonderful place to *LEARN, THINK, and LEAD!*

On behalf of the entire Rousseau staff, it is our hope that the winter break is a relaxing, happy, and peaceful time for you and your family. I hope students are able to set aside at least 15 minutes each day during the break to read, write, or engage in an activity that will keep their school minds sharp. Never a vacation from learning and growing our minds!

Warmest wishes,
Sue Braun



Front Row: Hailey Trimble, Kayley Chapman, Morgan Vanderlinden-Chase
Back Row: Annie Strothkamp, Katie Wheeler, Anna Young, Lindsay Tibbels
Not Pictured: Tessa Rien

Last year, Brownie Troop #4 (3rd Grade), raised money from a bake sale and lemonade stand for playground balls and they were distributed to the classrooms by the Brownie troop. We appreciate all their hard work in earning this money and sharing it with Rousseau students.

Marcy Strothkamp
Karla Rien
Brownie Troop 4 leaders

DR. FACKLER VISITS 5TH GRADE

Mrs. Pomajzl's and Mrs. Hall's fifth grade chemistry classes were honored to have Dr. Nathanael Fackler, father of Ethan (5th grade) and Noah (2nd grade) come to teach us a lesson in Chemistry. Dr. Fackler is currently a chemistry professor at Nebraska Wesleyan University. He reinforced our



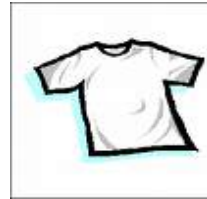
curriculum with some pretty exciting demonstrations. First, to

cover the topic of density, he showed us how he could float a golf ball on water. Then he showed us how all atoms are unique by burning different elements—each element's flame burned a different color. He also demonstrated how some elements need specific conditions before they will burn. Next he discussed the three phases of matter, solid, liquid, and gas and used liquid nitrogen to freeze different items. It was exciting to watch how quickly liquid nitrogen evaporates! Then he discussed the differences between acids and bases. He "turned our lights on" to understanding that acids react with water to produce ions (or electricity), and not bases. Finally, he "tested our strength" to see if we could create a chemical reaction. We found that some of our students were a little stronger than Mrs. Pomajzl. If you have any questions about our experiments, feel free to ask one of our fifth grade students. We really appreciate Mr. Fackler coming and sharing his time and expertise with our classes. Thanks again Dr. Fackler!!

ROUSSEAU
PTA[®]

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ROUSSEAU SPIRIT WEAR FOR SALE—GREAT GIFTS DURING THE HOLIDAY SEASON! CALL JILL BIRD 436-1896 FOR INFORMATION.



POGO CARDS ARE STILL AVAILABLE IN THE SCHOOL OFFICE FOR \$20.00. 50% OF THE PROCEEDS GOES TO THE ROUSSEAU PTA! ANOTHER GREAT GIFT DURING THE HOLIDAY SEASON!

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Mileage Club

Mileage Clubbers! You walkers were amazing! 82 kids signed up and at least 50 participated each session! Last Wednesday, we celebrated (big thanks to Russ' at 33rd and Highway 2 for the donuts, apples and juice) after we reached our goal to our first destination: Rousseau Elementary School in Rousseau Kentucky, 875 miles away! Our first dedicated participant to walk an entire marathon (26.5 miles) is Masen Louviere - way to go Masen!

What's up next??? As soon as the weather begins to warm - (March 24th) - we will get back out there again. This time our goal is even farther! We want to go all the way to Disneyland in sunny California. That's 1498 miles away! Kids, we need more of you to help us get there. We also need parents to team up and take a turn on a Monday or Wednesday morning to hand out counters and tally. It's a short time commitment - just 8:00 - 9:00. So start planning on getting some fresh air and a little exercise to help our kids get fit! Also - a huge thanks to Lori Tackett for all of her organizational skills. We couldn't have done it without you! Thank you Lori!

Questions? Tamara Cass, tcass@inebraksa.com or Barb Solomon, solomonbsq@aol.com

PTA After School Club Co-Chairs

Lincoln Public Schools Food Zone

REVISED DECEMBER MENU

Elementary Menu December 2007

*Fruits and vegetables may change with the market.

Monday	Tuesday	Wednesday	Thursday	Friday
DECEMBER 3	DECEMBER 4	DECEMBER 5	DECEMBER 6	DECEMBER 7
DECEMBER 10	DECEMBER 11	DECEMBER 12 CORN PUPPIES SLOPPY JOE ON BUN DICED TURKEY HAM SPINACH SALAD Tossed Salad Celery and Dip Hot Cinnamon Apple Slices Peaches Milk	DECEMBER 13 PEPPERONI+ PIZZA BREADED BEEF STICKS WITH BREADSTICK ORIENTAL CHICKEN SALAD Sweet Peas Creamy Coleslaw Banana Pineapple Tidbits Milk	DECEMBER 14 CHICKEN FINGERS WITH CORN BREAD NEBRASKA BUN CHICKEN RANCH SALAD French Fries Tossed Salad Cucumbers and Dip Orange Wedges Pears Milk
DECEMBER 17 CREAMY MAC & CHEESE HAMBURGER DICED TURKEY HAM CHEF SALAD Pickles Veggies/Salad Fruit Mixed Fruit Chocolate Chip Cookie Milk	DECEMBER 18 CHICKEN TERIYAKI ON RICE PILAF EGG ROLL ON RICE PILAF CHICKEN CAESAR SALAD Tender Carrots Tossed Salad Orange Wedges Applesauce Milk	DECEMBER 19 TACO CRUNCH CHICKEN POPCORN DICED TURKEY HAM SPINACH SALAD Lettuce & Tomato Corn Dried Cherries Peaches Milk	DECEMBER 20 CHEESE STUFFED BREADSTICKS AND DIPPING SAUCE BEEF & BEAN BURRITO ORIENTAL CHICKEN SALAD Green Beans Tossed Salad Banana Pineapple Tidbits Milk	DECEMBER 21 <u>HOLIDAY MEAL</u> CREAMED TURKEY BBQ BEEF RIBLETTE SANDWICH CHICKEN RANCH SALAD Whipped Potatoes & Gravy Pears Whole Wheat Roll Sugar cookie Milk

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+Contains pork.

Lincoln Public Schools Food Zone

Elementary Menu January 2008

Fruit and vegetable servings may vary with the market

Monday	Tuesday	Wednesday	Thursday	Friday
Free (no charge) and reduced (40¢) meals are available to those who qualify. Applications are available in your child's school office and may be filled out at any time.	<u>Meal Price</u> \$1.90	Pay for your student's school meals on-line at lps.org. Look for "Buy Student Meals" on the left side of the home page.	JANUARY 3 CHICKEN NUGGETS BREADED BEEF STICKS French Fries Baby Carrots and Dip Apple Wedges Pears Breadstick Milk * (1)	JANUARY 4 ITALIAN BEEF MEATBALLS ON SPAGHETTI BREADED PORK+ SANDWICH Celery and Dip Veggie/Salad Fresh Fruit Mixed fruit Milk * (2)
JANUARY 7 BREADED BAKED CHICKEN SALISBURY STEAK Potato Wedges Broccoli & Dip Dried Cherries Applesauce Roll Milk * (3)	JANUARY 8 MUCHO NACHO BBQ CHICKEN SANDWICH Lettuce & Tomato Corn Grapes Peaches Milk * (4)	JANUARY 9 CHEESE PIZZA HAMBURGER Sweet Peas Creamy Coleslaw Orange Wedges Pineapple Milk * (1)	JANUARY 10 CREAMED TURKEY WITH ROLL BBQ BEEF RIBLETTE SANDWICH Whipped Potatoes & Gravy Baby Carrots Banana Pears Milk * (2)	JANUARY 11 GRILLED CHEESE SANDWICH BEEF & BEAN BURRITO Tomato Soup Veggie/Salad Fresh Fruit Mixed Fruit Chocolate Chip Cookie Dough Milk * (3)
JANUARY 14 W anted: Food Service Workers. Four hours, school days only. Apply District Office, 5910 "O" Street in Human Resources.	JANUARY 15 CORN PUPPIES TACO HOT POCKET Hot Cinnamon Apple Slices Celery & Cauliflower and Dip Tossed Salad Peaches Milk * (4)	JANUARY 16 CHEESE STUFFED BREADSTICKS WITH DIPPING SAUCE SAUSAGE PIZZA+ Sweet Peas Tossed Salad Orange Wedges Pineapple Milk * (1)	JANUARY 17 SPAGHETTI & MEAT SAUCE GARLIC BREAD HOT DOG Broccoli and Dip Tossed Salad Banana Pears Milk * (2)	JANUARY 18 BREADED CHICKEN SANDWICH YOGURT WITH PEANUT BUTTER SANDWICH Mixed Vegetables Veggie/Salad Fresh Fruit Mixed fruit Milk * (3)
JANUARY 21 Nebraska School Lunch Week	JANUARY 22 PEPPERONI PIZZA+ CHICKEN NOODLE SOUP Roll Corn Tossed Salad Dried Cherries Peaches Milk * (4)	JANUARY 23 FRENCH TOAST STICKS SAUSAGE LINKS+ & CHEESE STICK BREADED COUNTRY BEEF SANDWICH Hash Brown Potatoes Celery & Cucumber and Dip Orange Wedges Pineapple Milk * (1)	JANUARY 24 SOFT SHELL TACO FIESTADA Lettuce & Tomato Baby Carrots and Dip Apple Wedges Pears Milk * (2)	JANUARY 25 MAC & CHEESE TURKEY WRAP Sweet Peas Veggie/Salad Fresh Fruit Mixed Fruit Chocolate Pudding Milk * (3)
JANUARY 28 CHICKEN TERIYAKI EGG ROLL Green Beans Tossed Salad Orange Wedges Applesauce Rice Pilaf Milk * (4)	JANUARY 29 ITALIAN DUNKER POLISH DOG+ ON BUN Broccoli and Dip Creamy Coleslaw Grapes Peaches Milk * (1)	JANUARY 30 HAMBURGER PIZZA TURKEY SUB Tender Carrots Tossed Salad Apple Wedges Pineapple Milk * (2)	JANUARY 31 CHILI WITH CRACKERS CHICKEN POPCORN Cinnamon Roll Tossed Salad Celery and Dip Pears Banana Milk * (3)	FEBRUARY 1 HOT TURKEY HAM & CHEESE SANDWICH CHEESEBURGER Potato Rounds Veggie/Salad Fresh Fruit Mixed fruit Milk * (4)

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+Contains Pork

<http://www.lps.org>

*ROTATION DAYS

**Lincoln Public Schools
Food Zone**

**Elementary Breakfast Menu
January 2008**

Monday	Tuesday	Wednesday	Thursday	Friday
			JANUARY 3 HOT OATMEAL CEREAL or COLD CEREAL WHOLE GRAIN TOAST Juice Milk	JANUARY 4 GOLDEN WAFFLES or WHOLE GRAIN TOAST Juice Milk
JANUARY 7 BREAKFAST PIZZA+ or WHOLE GRAIN TOAST Juice Milk	JANUARY 8 CHEESE OMELET or WHOLE GRAIN TOAST Juice Milk	JANUARY 9 BUTTERMILK PANCAKES or WHOLE GRAIN TOAST Juice Milk	JANUARY 10 BREAKFAST TAC-GO or WHOLE GRAIN TOAST Juice Milk	JANUARY 11 TOASTED ENGLISH MUFFIN or WHOLE GRAIN TOAST Juice Milk
JANUARY 14 NO SCHOOL	JANUARY 15 FRENCH TOAST STICKS or WHOLE GRAIN TOAST Juice Milk	JANUARY 16 EGG & CHEESE ON A BISCUIT or WHOLE GRAIN TOAST Juice Milk	JANUARY 17 WARM TURNOVER or COLD CEREAL WHOLE GRAIN TOAST Juice Milk	JANUARY 18 BREAKFAST BITES+ or COLD CEREAL WHOLE GRAIN TOAST Juice Milk
JANUARY 21 NO SCHOOL	JANUARY 22 TOASTED BAGEL or WHOLE GRAIN TOAST Juice Milk	JANUARY 23 BREAKFAST BURRITO or WHOLE GRAIN TOAST Juice Milk	JANUARY 24 PANCAKE & SAUSAGE+ ON STICK or WHOLE GRAIN TOAST Juice Milk	JANUARY 25 TOASTER PASTRY or WHOLE GRAIN TOAST Juice Milk
JANUARY 28 BREAKFAST+ BAGEL or WHOLE GRAIN TOAST Juice Milk	JANUARY 29 MAPLEPANEGGCakes or WHOLE GRAIN TOAST Juice Milk	JANUARY 30 CHEESE OMELET or WHOLE GRAIN TOAST Juice Milk	JANUARY 31 HOT OATMEAL CEREAL or WHOLE GRAIN TOAST Juice Milk	FEBRUARY 1 EGG, HAM+ & CHEESE ON ENGLISH MUFFIN or WHOLE GRAIN TOAST Juice Milk

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